



GEORGES RIVER PSSA **DISTRICT CROSS COUNTRY 2019**

DATE: Thursday, 23 May, 2019 8:45am-12:15pm

VENUE: Gannons Park

All students are required to be at the venue at **8:45am**.

We will **walk the course at 9:00 am sharp**.

All students **must** walk the course at this time if they are participating in the District Cross Country.

The carnival **should finish at approx.12 noon as buses need to leave by 12:15pm**.

No times are recorded or required for either District or Regional Cross Country Carnival.

Program will be commencing as close as possible to 9:30am:

8/9 Boys

8/9 Girls **8/9 &10yrs - 2000m**

10 yrs Boys

10 yrs Girls **4 runners/school compete in each event**

11 yrs Boys

11 yrs Girls **11, 12/13yrs – 3000m**

12/13 Boys

12/13 Girls